



# EasyPeasy Living

## Solutions for everyday life

### 20 Ways to Give Back During the Holidays (without spending more money)

1. Donate gently-used toys or children's books to an organization collecting them for underprivileged kids.
2. Donate or regift new toys, books, clothes, decorative items or housewares you will not use to a local charity's gift drive.
3. Donate your extra gently-used winterwear (coats, jackets, hats, scarves, gloves, boots) to a local shelter or school.
4. Donate unopened, unexpired pantry items, diapers, and formula to a local food bank.
5. Make baked goods or soup for distribution to the homeless or for a bake sale to benefit a local church, school or charitable organization.
6. Donate extra holiday cards to a card writing campaign for soldiers, the sick, or the elderly and/or participate in one.
7. Visit shut-ins, seniors or prisoners.
8. Assist an older relative, friend or neighbor with navigating the basics of technology, or volunteer your time for this purpose at a local senior center.
9. Donate extra gift wrapping supplies (giftwrap, gift bags, tissue, ribbon, bows and tags) and/or offer to help someone wrap their holiday gifts.
10. Decorate or put up lights for a friend or neighbor who is unable to do it themselves.
11. Shovel snow, rake leaves or mow for a sick or elderly neighbor.
12. Take holiday treats to the local fire or police station.
13. Assemble care packages for the homeless using your excess travel toiletries, first aid supplies, socks, etc. Donate them to a local shelter or distribute them to the homeless you encounter.
14. Offer to help someone run errands or do household chores.
15. Offer to give parents or caregivers a night off by babysitting for free.
16. Offer to take or pick up someone from the airport.
17. Volunteer to serve at a soup kitchen.
18. Volunteer to assemble and/or distribute holiday baskets to families in need.
19. Bring holiday cheer to seniors, shut-ins, and the sick by caroling or playing a musical instrument at a local hospital, nursing home or retirement community.
20. Volunteer to bake cookies, make holiday crafts, sing carols, or read stories to developmentally-disadvantaged children or adults.